

A Practical Harvest **Sunday 8th October**



This year at harvest, in addition to the elderly folk in our village, we particularly want to support the Renewed Hope Trust

For older folk living alone we welcome suitable gifts such as biscuits, small portions of cake, jams or tins of soup etc.

For Renewed Hope Trust the donations are a bit different and the following have been requested:

- decent instant coffee
- Crisps/Snacks, either individual bags or multi packs
- Chocolate bars, individual or multi packs, Smarties, Mars bars etc.
- Individually wrapped sweets in bags, fruit pastels—NO toffees please
- Things that can be eaten straight from the tin such as:

Tinned meats or meat products like chilli/curry/mince/bolognaise

Macaroni cheese

Baked beans with sausages

Tinned veg, including potatoes

Tinned fruit

Also M&S gift cards, which can be used to purchase underwear and shoes



PLEASE - NO PASTA!

If you know of someone in the village who would appreciate a harvest gift, please contact the Parish Office.

Harvest items may be left at the church from Sunday 24 September onwards.

THANK YOU