High Ashurst Outdoor Learning Centre and Thames Young Mariners

Year 6 Residential 2018

Monday 17th September – Friday 21st September

Staff: Mrs Cox, Mr Green, Mr Day

High Ashurst Outdoor Learning Centre
The Coach House, Headley Lane, Mickleham, Dorking, Surrey RH5 6DQ
01372 378901

High Ashurst Outdoor Learning Centre is located on a 56 acre site in the Surrey Hills with direct access to Headley Heath.
It provides a programme of outdoor activities taught by trained instructors.
Overnight accommodation is in comfortable log cabins.

Thames Young Mariners Outdoor Education Centre
Riverside Drive
Ham, Richmond
Surrey TW10 7RX
01372 378901

This is a 25 acre site, which includes a 10 acre lake alongside the River Thames, between Richmond and Kingston. Thames Young Mariners offers water-based activities in a controlled environment, providing a unique space for learning and self-discovery in the natural environment. The centre is recognised as a teaching centre by the **Royal Yachting Association** and the **British Canoe Union**.

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	Monday 17 Sep 18		Tuesday 18 Sep 18			Wednesday 19 Sep 18		Thursday 20 Sep18			Friday 21 Sep 18
1	Challenge Course/ Team Tasks	Mountain Biking	Woodland Skills	Climbing	Night Walk	Ropes 3	Archery	Travel to Thames Young Mariners	Kayaking	Instructor Led Campfire	Raft Building
2	Challenge Course/ Team Tasks	Woodland Skills	Mountain Biking	Climbing	Night Walk	Ropes 3	Archery		Kayaking		Raft Building
3	Challenge Course/ Team Tasks	Woodland Skills	Archery	Climbing	Night Walk	Ropes 3	Mountain Biking		Kayaking		Raft Building

Itinerary

Monday – 7.30am travel by coach to High Ashurst
Activities– Challenge course/Team task
Mountain Biking
Woodland Skills
Accommodation – lodge
Tuesday –
Activities – Woodland Skills/Archery
Mountain Biking
Climbing
Night Walk
Wednesday-
Activities – Woodland Skills
Mountain Biking/Archery
Ropes 3
Thursday- Travel by mini bus to Young Mariners
Activities – Kayaking
Camp fire lead by instructor
Accommodation - tepees
Friday
Activities – Raft Building
1pm travel by minibus/coach back to school

Accommodation

At High Ashurst, we will be staying in 2 log cabins, each of which sleeps up to 20 children and adults in bedrooms with ensuite bathrooms. Each cabin also has a lounge and kitchenette area where we will make and serve hot chocolate before bedtime. The cabins both lead out to a communal lawn where the children can play and relax between activities.

https://www.surreyoutdoorlearning.uk/facilities/high-ashurst/accommodation

Accommodation at Young Mariners

On Thursday night, we will be sleeping in tepees at the Thames Young Mariners site. Each tepee sleeps up to 10 children. There are toilets and shower rooms in a block adjacent to the tepee field. School staff will sleep in satellite tents alongside. The tepees are pitched around a campfire where the day ends drinking hot chocolate and reflecting on our achievements!

We will ask the children nearer the time to name 2 friends they would be happy to share with.

Food

At High Ashurst, breakfast, lunch and evening meals are served in the main hall. All food is freshly prepared and the centre has gained the *Eat Out Eat Well* Gold Standard Award which means that all meals contain healthy eating options – increased fruit and vegetables and decreased fat, sugar and salt.

Special dietary requirements can be catered for – please let us know of any such requirements or allergies on the medical form.

Food

Whilst at Thames Young Mariners, we will eat in the centre's main dining room. All food is freshly prepared in situ and the centres' catering has also gained the *Eat Out Eat Well* Gold Standard Award Special dietary requirements can be catered for – please let school know of any such requirements or allergies on the medical form.

Activities

- High Ropes
- Mountain Biking
- Archery
- Raft Building
- Kayaking

- Night Walk
- Camp fire
- Orienteering
- Woodlands Skills

Kit list for High Ashurst

Clothing

Take plenty of clothing in case of wet weather. Clothing should be old.

- Nightwear
- Underwear
- Socks, including over ankle length
- 2 or more fleeces / Sweatshirts
- 4 T-shirts
- 2 Long sleeved T-shirts
- 3 pairs of old trousers (not jeans) 2 for activities, one for evening
- 2 pairs of shorts
- 2 pairs of trainers (1 for wet activities)/ (1 for outdoor activities)
- 1 pair of shoes or trainers for indoors
- Waterproof jacket
- Baseball cap / Hat
- Some dressing up outfit to be shared for our night entertainment
- For Thames Young Mariners wet clothing: 2 T-shirt, 2 shorts and old pair of trainers or wet shoes Due to going in two different days).

Other Essentials

- Sleeping bag, roll mat and pillow for Thursday night.
- Pack lunch for the first day
- Wash bag (soap & toothbrush etc.)
- 2 Large towels
- hairbrush
- Torch & batteries
- Plastic bottle for drinks
- Sunscreen (Hot weather)
- Pen & paper
- Small Bag/Rucksack
- plastic bags / bin liners (for wet and dirty items)

Please ensure any medication is given to us with instructions – separate form to be filled in.

No mobile phones, electronic devices or food items.

Travel

- The coach will leave the school at 7.30am on Monday 17th September.
- The journey will take about 1½ hours depending on traffic.
- Travel sickness medication.
- Wear comfortable clothes/shoes – not school uniform.
- Pack a suitcase/bag with wheels.
- Minibuses will transport us from Hight Ashurst to Young Mariners
- We are leaving Young Mariners on Friday at 1pm aiming to return during school hours for the children to go home at normal school finishing time.

Pocket Money: **None**

Medication

- Fill in the medical form and hand to the class teacher by Monday 10th September – at the very latest. We would appreciate it if you could hand the forms back before the end of this academic year.
- All medication should be named and handed to the class teacher on the day of departure in a clearly named box with accompanying instructions.
- If children are travel sick, please inform the teachers and ensure you provide medication for the minibus and return journeys.
- Food allergies – please indicate any allergies and dietary requirements on the medical form.

Contact

- Teachers will check in with the school each day.
- A daily Parent Mail will notify parents that all is well.
- Children should not have a mobile phone with them.
- Contact from parents during the residential should only be in an emergency. Please do this via the school office during the school day or via the school mobile phone outside of school hours.

High Ashurst Website

https://www.surreyoutdoorlearning.uk/

and click on Facilities, High Ashurst or Thames Young Mariners

Any questions?

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