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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Reception** |  |  |  |  |  |  |
|  | PE Routines & Expectations  Dance – Movement to Music  Gymnastics – Balancing Challenges  Games – Throwing & Catching | Using equipment safely  Dance – Toy Factory  Gymnastics – Travel & balance, Jumping & Landing  Games – Toy Factory | Dance – Making & Moving Sounds  Gymnastics – Under & Over  Games – Following Instructions | Dance – English Folk Dance (The Muffin Man)  Gymnastics – Paired Balancing  Games – Skipping Games | Dance – Carnival of the Animals  Gymnastics – Obstacles  Games – Racing & Chasing | Dance – Summer Holidays  Gymnastics – Sequences of Movement  Games – Bats & Balls (with PS) |

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| **Year 1** |  |  |  |  |  |  |
| Session 1  Teacher led | Gymnastics | Dance | Outdoors & Adventurous Activities/Gymnastics | OAA/Dance | Gymnastics | Games - Team games/multiskills |
| Session 2  PS | Multiskills/Games | | | | | |
| Intra-school tournaments |  |  | Multiskills | Whole school event | Athletics | Sports Day |
| **Year 2** |  |  |  |  |  |  |
| Session 1  Teacher led | Gymnastics | Dance | Outdoors & Adventurous Activities/Gymnastics | OAA/Dance | Gymnastics | Games - Team games/multiskills |
| Session 2  PS | Multiskills/Games | | | | | |
| Intra-school tournaments |  |  | Multiskills | Whole school event | Athletics | Sports Day |
| **Year 3** |  |  |  |  |  |  |
| Session 1 | Swimming | Swimming | Swimming | Swimming | Swimming | Swimming |
| Session 2  PS | Cross Country  Hockey  Netball | Cross Country  Hockey  Netball  Handball | Tag Rugby | Tennis Skills | Cricket  Rounders  Athletics | Cricket  Rounders  Athletics |
| Intra-school tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 4** |  |  |  |  |  |  |
| Session 1  Teacher led | Outdoor Adventurous Activities | Gymnastics | Dance | Gymnastics | Dance – Maypole/  Athletics | OAA/  Rounders/Cricket |
| Session 2  PS | Cross Country  Hockey  Netball | Cross Country  Hockey  Netball  Handball | Tag Rugby | Tennis Skills | Cricket  Rounders  Athletics | Cricket  Rounders  Athletics |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 5** |  |  |  |  |  |  |
| Session 1  Teacher led | Outdoor Adventurous Activities | Gymnastics | Dance | Gymnastics | OAA/  Athletics | Rounders  Cricket |
| Session 2  PS | Cross Country  Hockey  Netball/Basketball | Cross Country  Hockey  Netball/Basketball | Tag Rugby | Tennis Skills | Cricket  Rounders  Athletics | Cricket  Rounders  Athletics |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 6** |  |  |  |  |  |  |
| Session 1  Teacher led | PE sessions to change weekly depending on timetable. | | | | | |
| Session 2  PS | Cross Country  Hockey  Netball/Basketball | Cross Country  Hockey  Netball/Basketball | Tag Rugby | Tennis Skills | Cricket  Rounders  Athletics | Cricket  Rounders  Athletics |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |