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|  | Autumn 1 | Autumn 2 | Spring 1  | Spring 2 | Summer 1 | Summer 2 |
| **Reception**  |  |  |  |  |  |  |
|  | PE Routines & ExpectationsDance – Movement to MusicGymnastics – Balancing ChallengesGames – Throwing & Catching | Using equipment safelyDance – Toy FactoryGymnastics – Travel & balance, Jumping & LandingGames – Toy Factory | Dance – Making & Moving SoundsGymnastics – Under & OverGames – Following Instructions | Dance – English Folk Dance (The Muffin Man)Gymnastics – Paired BalancingGames – Skipping Games | Dance – Carnival of the AnimalsGymnastics – ObstaclesGames – Racing & Chasing | Dance – Summer HolidaysGymnastics – Sequences of MovementGames – Bats & Balls (with PS) |

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| **Year 1** |  |  |  |  |  |  |
| Session 1Teacher led | Gymnastics  | Dance  | Outdoors & Adventurous Activities/Gymnastics | OAA/Dance | Gymnastics | Games - Team games/multiskills |
| Session 2PS | Multiskills/Games |
| Intra-school tournaments |  |  | Multiskills | Whole school event | Athletics | Sports Day |
| **Year 2** |  |  |  |  |  |  |
| Session 1Teacher led | Gymnastics  | Dance | Outdoors & Adventurous Activities/Gymnastics | OAA/Dance | Gymnastics | Games - Team games/multiskills |
| Session 2PS | Multiskills/Games |
| Intra-school tournaments |  |  | Multiskills | Whole school event | Athletics | Sports Day |
| **Year 3** |  |  |  |  |  |  |
| Session 1 | Swimming | Swimming | Swimming | Swimming | Swimming | Swimming |
| Session 2PS | Cross CountryHockeyNetball  | Cross CountryHockeyNetballHandball | Tag Rugby | Tennis Skills | CricketRoundersAthletics | CricketRoundersAthletics |
| Intra-school tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 4** |  |  |  |  |  |  |
| Session 1Teacher led | Outdoor Adventurous Activities | Gymnastics | Dance  | Gymnastics | Dance – Maypole/Athletics | OAA/Rounders/Cricket |
| Session 2PS | Cross CountryHockeyNetball | Cross CountryHockeyNetballHandball | Tag Rugby | Tennis Skills | CricketRoundersAthletics | CricketRoundersAthletics |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 5** |  |  |  |  |  |  |
| Session 1Teacher led | Outdoor Adventurous Activities | Gymnastics | Dance  | Gymnastics | OAA/Athletics | RoundersCricket |
| Session 2PS | Cross CountryHockeyNetball/Basketball | Cross CountryHockeyNetball/Basketball  | Tag Rugby | Tennis Skills | CricketRoundersAthletics | CricketRoundersAthletics |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |
| **Year 6** |  |  |  |  |  |  |
| Session 1Teacher led | PE sessions to change weekly depending on timetable. |
| Session 2PS | Cross CountryHockeyNetball/Basketball | Cross CountryHockeyNetball/Basketball | Tag Rugby | Tennis Skills | CricketRoundersAthletics | CricketRoundersAthletics  |
| Inter-house tournaments | Cross-country | Hockey | Tag Rugby | Whole school event | Athletics | Sports Day |